

Clinic Information in English

Johannesbad Fachklinik, Bad Füssing (Specialist Clinic)

The focus of our work is on man with his health and his striving for physical and mental well-being. That is why we consistently ensure quality of the highest level. The Johannesbad Specialist Clinic in Bad Füssing is one of the few clinics in Germany certified by 4 bodies: the German Society for Medical Rehabilitation, the Cooperation for Quality and Transparency in Healthcare, DIN ISO EN 9001:2000 and the Institute for Quality Management in Healthcare.

The Johannesbad Specialist Clinic also comprises the Johannesbad Thermal Springs, one of the largest spa water thermal springs in Europe covering 4,500 square metres of water surface, with 13 pools, 5 saunas and a Medical Health and Fitness Department with massage facilities and beauty applications.

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Facilities

- Number of beds: 512
- 426 single beds, 43 double rooms
- Shower, WC, satellite TV, radio alarm, direct dialling telephone, some rooms with balcony, double rooms with facilities for disabled/wheelchair patients

Treatments at the Johannesbad Special Clinic (available with full board/accommodation)

- Inpatient rehabilitation treatments
- Inpatient follow-up treatments
- Inpatient preventive measures
- Inpatient services for self-pay patients
- Inpatient hospital treatments (Acute Pain Centre)
- Outpatient rehabilitation treatments
- Outpatient treatments

Specialised departments

- Orthopaedics (with Acute Pain Centre)
- Neurology
- Psychosomatics and Psychotherapy
- German Centre for Traditional Chinese Medicine
- German Centre for Osteoporosis

Therapies provided

- Ergotherapy
- Speech therapy
- Physiotherapy
- Physical therapy
- Medical-functional training therapy
- Multimodal pain therapy
- Chinese medicine
- Diabetes advice
- Dietary advice
- Clinical social service
- Psychology service
- Creative/Art therapy



Specialised departments, Heads of Department, indications

Orthopaedics

Head of Department: Michael Boese, MD

Specialist in Orthopaedics and Accident Surgery, Social Medicine, Sports Medicine, Physical Therapy

Indications:

- Inflammatory-rheumatic diseases of the spine/joints
- Fibromyalgia
- After operations and the consequences of accidents on the locomotive organs
- Following amputations and sequelae
- Arthrosis of the large and small joints (all stages)
- Periarthritis and sequelae
- Malpositions, overstrains, blocked joints
- Discopathy, spondylarthritis
- Post-nucleotomy (disc op) and other spine surgery
- Spine injuries
- Muscle injuries, fracture aftercare, tendon/ligament lesions

Acute Pain Centre

Head: Hans-Joachim Schmitt, MD

Specialist in Physical Medicine and Rehabilitation, Special Pain Therapy, Manual Medicine

Indications:

- Chronic pain diseases
- Headaches
- Back pains and joint pains
- CRPS (Sudeck's disease)
- Postoperative pain syndromes
- Myofascial pain syndromes

Psychosomatics

Head of Department: Wolfgang Kalleder, MD

Specialist in Psychotherapeutic Medicine, Neurology, Psychiatry and Psychotherapy, Rehabilitation

Indications:

- Psychosomatic diseases in the narrow sense
- Depressive disorders
- Anxiety and compulsive disorders, neurotic disorders
- Stress and adjustment disorders
- Somatoform disorders with changing organ manifestations
- Chronic pain diseases

Neurology

Head of Department: Prof. Wolfgang Josef Grundl, MD

Specialist in Neurology, Psychiatry, Rehabilitation and Social Medicine; Professor of Social Psychiatry

Indications:

- Cerebral perfusion disorders (stroke)
- Following craniocerebral trauma
- After operations on the central or peripheral nervous system
- Parkinson's disease and Parkinson's syndrome
- Multiple Sclerosis and other inflammatory diseases
- Epilepsy
- Migraine and other chronic (head) pain conditions
- Rare neuromuscular diseases

Deutsches Zentrum für Osteoprose

(German Centre for Osteoporosis)

Head of Department: Christian Günther, MD

Specialist in Internal Medicine, Osteology (DVO)

Indications:

- Fractured spine
- Existing osteoporosis
- Prevention of osteoporosis
- Manifest osteoporosis (with vertebral, hip or forearm fracture)
- Preclinical osteoporosis (without fracture)

Deutsches Zentrum für Chinesische Medizin

(German Centre for Chinese Medicine)

Head of Department: Weizhong Sun, MD

Specialist in Physical and Rehabilitative Medicine, Naturopathy, Chirotherapy, Acupuncture

Indications:

- Diseases of the musculoskeletal system (fibromyalgia, spine,...)
- Functional cephalgia and melalgia
- Neuralgia
- Respiratory tract and digestive system diseases
- Cardiovascular complaints
- Stress diseases, immune system weaknesses, tinnitus
(Acupuncture, Tuina Therapy, Qigong, Taiji,...)

Outpatient Rehabilitation

Head: Hans-Joachim Schmitt, MD

Specialist in Physical Medicine and Rehabilitation, Special Pain Therapy, Manual Medicine

Permitted by the Consortium of the German Health Insurance Fund Associations to effect outpatient rehabilitation in musculoskeletal diseases.

Outpatient licences

Speech therapy practice, Ergotherapy practice, Physiotherapy, Physical therapy, Measures concomitant with Rehabilitation, Traditional Chinese Medicine practice



Diagnosis facilities

General

- Long-term blood pressure measurement
- Laboratory for primary diagnosis/clinical monitoring
- ECG

Orthopaedics

- X-ray/Ultrasound examination of the locomotor system
- Specialised examinations
- Gait analysis and measurement of balance
- Isokinetic diagnostics
- Topometry of the spine
- NORSK series of equipment for the back

Neurology

- EEG with provocative test
- Video movement analysis
- Gait analysis
- Neuropsychological basic and special diagnostics (alertness, memory, perception, planning, problem solving)
- Computer-assisted visual-field diagnostics

- Computer-assisted function diagnostics
- Psychometric diagnostics

Osteoporosis

- Bone density measurement spine/hip
- Analysis of modern bone growth/bone loss markers
- Hormonal diagnostics
- Diet analysis

Chinese Medicine

- Conventional medicine gathering of findings
- Tongue/Pulse diagnosis

Special features

- The Johannesbad Specialist Clinic is certified by 4 bodies (DIN EN ISO 9001:2000, DEGEMED, EQR and KTQ)
- The clinic's own thermal spring (the largest in Bad Füssing): some 4,500 m² of thermal spring, 13 pools
- 800-m² sauna centre with 5 saunas
- New Medical Health and Fitness Department (massages and beauty applications)